



**Towbar Fitting Instructions**  
**To Suit ROVER DEFENDER CAB CHASSIS, WAGON & SWB 90**  
**Part Number QTRV12**  
**Rating 3500Kg**

1. Ensure all hardware items have been included
2. Remove two rear tie-down hooks from each chassis rail.
- Note :** On some early SWB 90 models tie down hook bolts may have to be cut to be removed.
3. Fit towbar into position so as captive nuts align with holes in towbar.
4. Fit bolts as per diagram in accordance with year and model.
- Note :** Spare M10 flat washers provided if required to keep tail arm bolts clear of fuel tank.
6. Tighten all bolts to torque listing below.

**RECOMMENDED ASSEMBLY TORQUE LISTING**

<u>Diameter</u>	<u>Grade 8.8 Bolt</u>
	<b>Nm</b>
M6	9.5
M8	21.7
M10	43.4
M12	77.3
M14	121.0
M16	189.8

